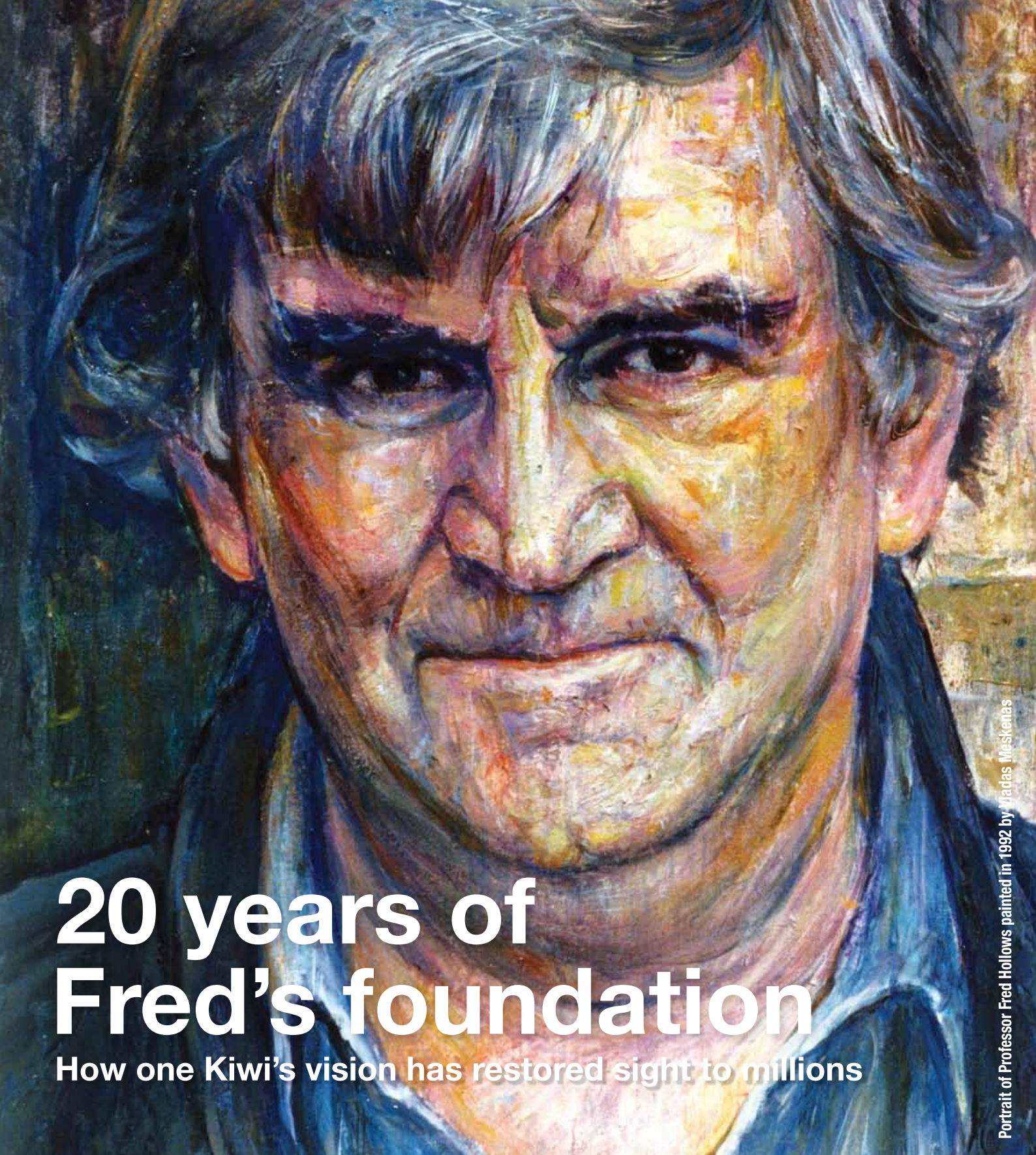


The Fred Hollows Foundation NZ

20 years of restoring sight

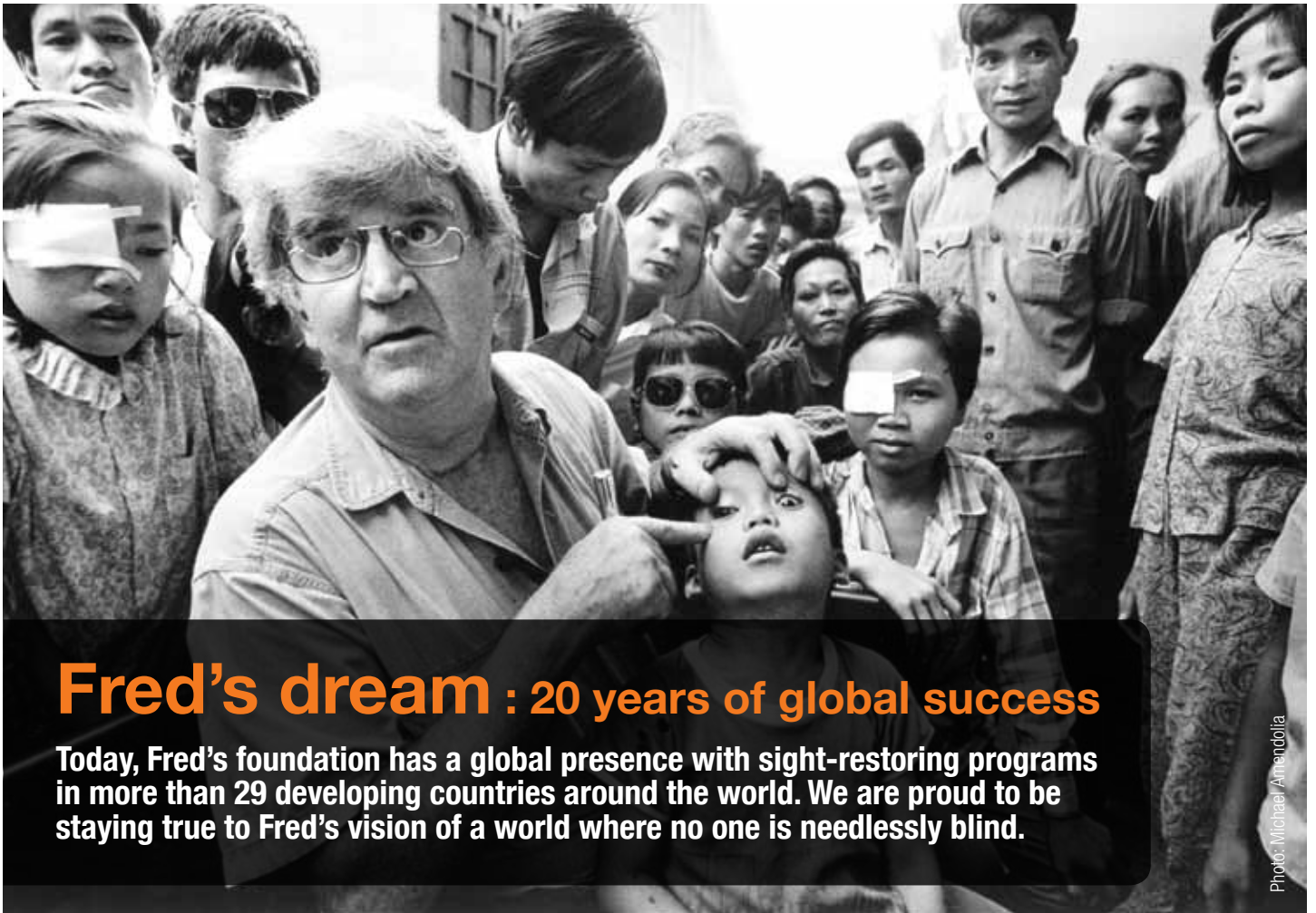
NEWSLETTER SUMMER 2012



20 years of Fred's foundation

How one Kiwi's vision has restored sight to millions

Portrait of Professor Fred Hollows painted in 1992 by Nadia Meskenes

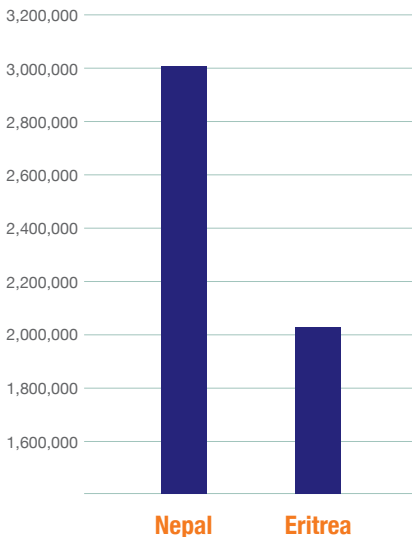


Fred's dream : 20 years of global success

Today, Fred's foundation has a global presence with sight-restoring programs in more than 29 developing countries around the world. We are proud to be staying true to Fred's vision of a world where no one is needlessly blind.

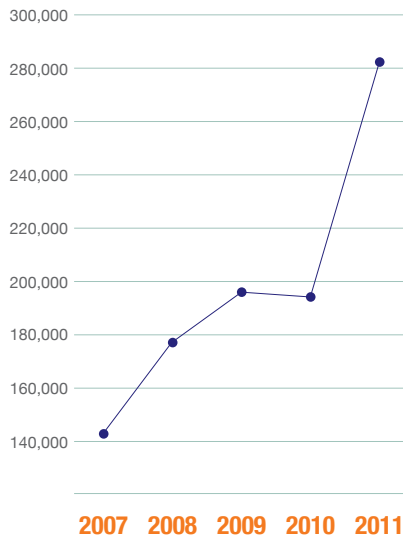
Photo: Michael Amendolia

Intraocular lenses to the end of 2011



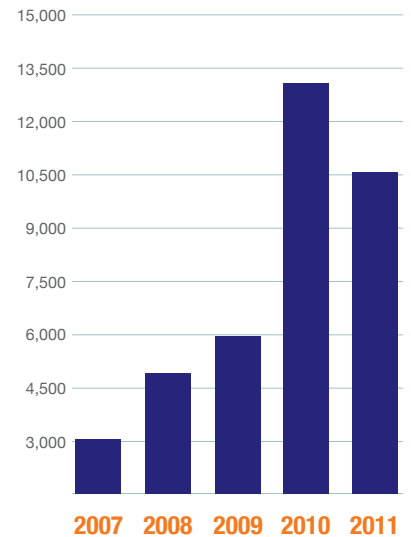
Since 1994, Fred's IOL factories in Nepal and Eritrea have produced 5,111,108 intraocular lenses.

Saving sight operations and treatment



Carried out 993,254 sight-restoring operations and treatments over the past five years.

Training health workers from 2007



Trained 38,088 eye health workers over the past five years.

*The Fred Hollows Foundation NZ is part of a global network that works in more than 29 countries across Asia, Africa and the Pacific. Donations to The Fred Hollows Foundation NZ are used to fund sight-restoring programs in the Pacific Islands, Papua New Guinea and Timor-Leste.

A message from our Executive Director, Andrew Bell



20 years ago, just five months before he died, Kiwi eye surgeon Fred Hollows and his wife Gabi set up The Fred Hollows Foundation as they sat around their

dining room table with a group of friends. Fred had a vision of a world where no one is needlessly blind, and was determined his sight-restoring work would continue long after he died.

Today, Fred's foundation is the strongest it's ever been. With programs in more than 29 developing countries we have a global impact. In the past five years alone, The Foundation and its partners have carried out nearly a million sight restoring operations and treatments – approximately one every 2.6 minutes.

The Fred Hollows Foundation has also had a huge impact right here in our own backyard. On pages 4 and 5, you can read about the impressive achievements of The Fred Hollows Foundation NZ in the Pacific Islands, Papua New Guinea and Timor-Leste. This life-changing work has been made possible by thousands of Kiwis like you who share Fred's vision.

While he was alive, Fred Hollows touched the lives of so many and set in motion something truly remarkable. Fred believed you should slog away until you get the job done, and The Foundation will continue to follow in his footsteps for years to come. One Kiwi's vision really is changing the world.

Thank you for helping us keep Fred's dream alive.

Andrew Bell
Executive Director

Your results from the field



Teaming up in Papua New Guinea

The Foundation in Papua New Guinea recently joined with another health organisation, Oro Community Development Project, and sent three eye nurses to screen patients at health clinics held in Hohorita, Sarogi, and Popondetta. The Foundation's surgical team visited shortly after, spending four days operating at Popondetta General Hospital.



Timor-Leste

Timor-Leste will soon have a second qualified eye nurse from the Pacific Eye Institute. Norberta Da Costa will join previous Post Graduate Diploma in Eye Care (PGDEC) graduate, Belmerio Jeronimo, working at the National Eye Centre in Dili. Timor offers training for eye care technicians but for the full PGDEC, students currently spend a year in Suva at the Foundation-funded Pacific Eye Institute.



Surgical outreach highlights for 2012

- Solomon Islands: largest outreach for 2012 with 215 surgeries (two teams from the Pacific Eye Institute).
- The first Fred Hollows Foundation surgical outreaches to Kiribati and Tonga. Also the first outreach to Bougainville led by a team from The Fred Hollows Foundation in Papua New Guinea.
- Samoa: the last outreach of 2012 with two teams sent from the Pacific Eye Institute. 199 sight-restoring surgeries. Two Samoan eye nurses studied the Post Graduate Diploma in Eye Care at the Pacific Eye Institute this year and will return to Samoa in 2013.

Global highlights



Prime Minister Julia Gillard and Gabi Hollows at the launch of the 20th anniversary book

The Fred Hollows Foundation in Australia has produced a new book, "In Fred's Footsteps – 20 years of restoring sight." Charting The Foundation's achievements, this book tells the story of how The Foundation grew from an idea that was hatched around Fred's dining room table into the global international development organisation it is today.

In marking 20 years of The Fred Hollows Foundation, Hon Julia Gillard, Prime Minister of Australia, and Tony Abbott, Opposition Leader, gave 'Statements of Indulgence' in Australian Parliament acknowledging The Foundation's work and Fred's enduring legacy.

Photo: Penny Bradfield

The Fred Hollows Foundation NZ – CC23722 – is a registered charitable entity in terms of the Charities Act 2005.

Donations to The Fred Hollows Foundation NZ are used to support our programs in the Pacific. The information contained in this publication is accurate at the time of printing. For more information contact info@hollows.org.nz

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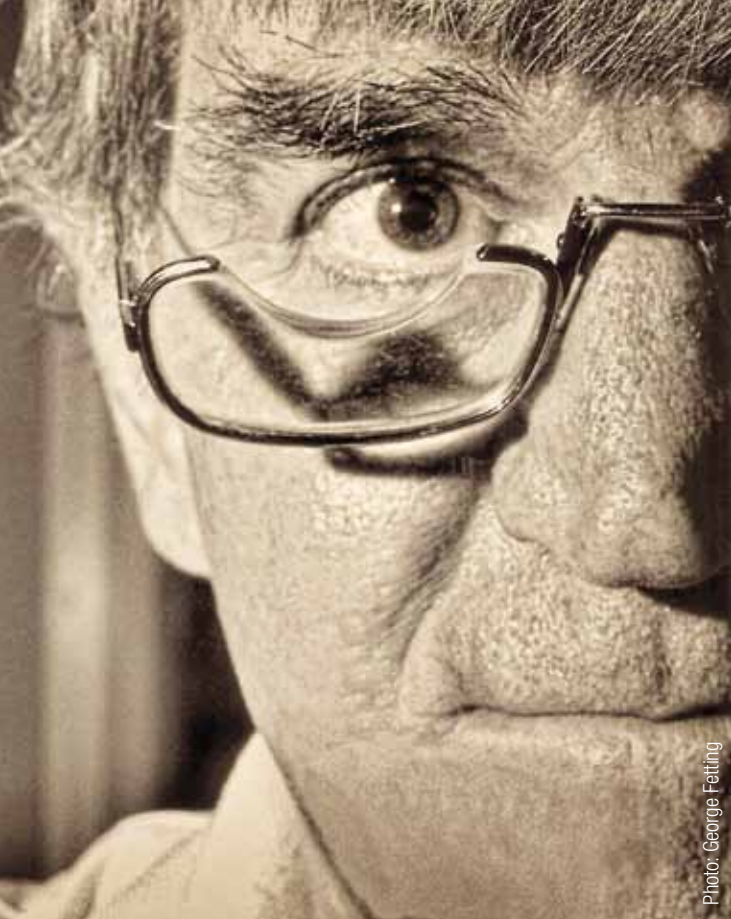


Photo: George Feating

Fred's dream in the Pacific

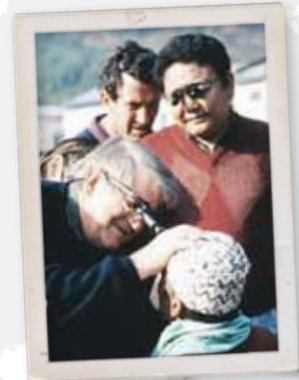
Fred's sight-restoring work was guided by one simple principle. As he put it, "We are donating to the Third World our capital and skills. We are training them to look after themselves." 20 years on, The Fred Hollows Foundation NZ is still guided by this very principle.

Since 2002 we have been working to keep Fred's dream alive in the Pacific Islands, Papua New Guinea and Timor-Leste where four out of five people who are blind don't need to be. We train local eye health workers, provide eye care services and run a surgical outreach program to reach people in remote communities.

Highlights

Eritrea and Nepal

In 1993, The Fred Hollows Foundation NZ was established to raise funds for Fred's intraocular lens (IOL) factories in Eritrea and Nepal. IOLs are used in small incision cataract surgery to replace the clouded lens of the eye. With the support of thousands of Kiwis, Fred's factories opened in 1994, reducing the cost of an IOL from around \$200 to just \$5. Cataract surgery now costs as little as \$25 in some developing countries. Since 1994, more than five million lenses have been produced for export to 75 countries.



Timor-Leste

- Partnered with the Ministry of Health in 2005 to develop a national eye health strategy.
- To reach more people in need we performed sight-restoring surgeries in a shipping container converted into an operating theatre.
- Opened a National Eye Centre in Dili in 2011 where we screen and treat patients.



- Run a surgical outreach program to remote areas.
- Support Fo Naroman Timor-Leste, a local organisation which provides affordable or free spectacles to thousands of people.



from the last 20 years

Papua New Guinea

- Established a program in Port Moresby in 2004.
- Refurbished the eye clinic at Modilon Hospital in 2007 where we screen and treat patients.
- Launched an eye nurse training program in 2007.
- Trained 40 local eye nurses and ten community health workers.
- Eight more nurses are currently in training.
- Run a surgical outreach program to remote areas.
- In West New Britain, we trained local eye health workers, built an eye clinic, and refurbished and equipped five smaller existing clinics.
- Established a spectacle supply system across eight provinces.



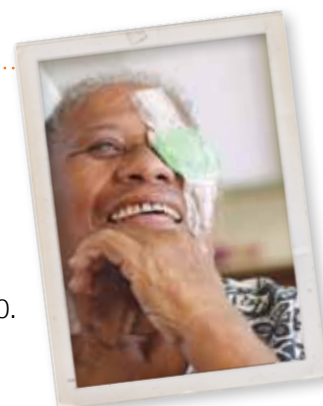
Fiji

- The Pacific Eye Institute was relocated to Suva, Fiji, in 2007 and is run by a team of Pacific Islanders.
- Trained 84 eye health workers from 12 countries.
- 20 eye health workers from seven Pacific Island countries are currently in training.
- Graduates are providing eye care services in 11 Pacific Island countries and Timor-Leste.
- Our outreach teams have been on more than 40 week-long surgical outreaches to six Pacific Island countries, averaging 100 sight-restoring surgeries each time. We also screen and treat thousands of patients every year at the PEI eye clinic.
- In 2012 we opened a brand new diabetes eye clinic in Suva.
- Run an outreach program to screen people for diabetes related eye disease.



Samoa

- Trained four eye nurses.
- Two more eye nurses are currently in training.
- PEI graduate Nurse Tasi Leo established the first eye clinic on the island of Savai'i in 2010.
- Our surgical outreach team visits Savai'i every year.



Solomon Islands

- Established the Pacific Eye Institute (PEI) in Honiara in 2006.
- Trained one eye doctor and fourteen eye nurses.
- Ran PEI's first ever surgical outreaches.
- Two eye doctors and three eye nurses are currently in training.
- PEI graduate and Solomon Islander Dr Mundi Qalo is the Chief Ophthalmologist.



Vanuatu

- Established the first national eye care program between 2002 and 2006.
- Set up six eye clinics.
- Assessed and treated 28,000 patients.
- Trained one eye doctor and 14 eye nurses.
- One more eye nurse is currently in training at PEI.



Since 1993,
thousands of
Kiwis have helped
us keep Fred's
dream alive.
Thank you.



Memories of Fred

Top left: Dr Roger Dethlefs conducts post-operative checks with Dr Lelea Naikatini looking on during a surgical outreach to Ba, Fiji, in 2012.

Photo: James Ensing-Trussell

Top right: Fred Hollows operates on a patient with the help of Giddhartha Ranjit from Nepal, as his son Cam (8) and daughter Emma (6) look on.

Photo: Colin Murty | Newspix



Photo: Peter Solness

Share your memories of Fred

Please feel free to contact us if you have something you would like to share with us and other supporters. You can email us at info@hollows.org.nz, mail us at The Fred Hollows Foundation, Private Bag 99909, Newmarket, Auckland 1149, or call us on 0800 227 229.

Fred was a bit of a character. We've heard many stories from Gabi Hollows about her husband's antics and some of his schoolmates have also shared their stories with us over the years. Dr Roger Dethlefs, Teaching Ophthalmologist at the Pacific Eye Institute, met Fred in his time as a young resident at the Prince of Wales Hospital. Here he tells his memorable experience of Fred Hollows.

From 1965 to 1992, Fred was the head of the ophthalmology department, overseeing the teaching at the University of New South Wales, and the Prince of Wales and Prince Henry hospitals. In his first year, he set up a small eye unit at the Prince of Wales Hospital and performed the hospital's first cataract extraction.

"Come with me", said the gruff voice from the stout bespectacled professor. As a dutiful second year resident I followed.

Fred took me to the government vehicle disposal warehouse where we picked up a land rover to be used by the Redfern Aboriginal Health Service. He then drove the land rover while I drove his Alfa to the Rosebery Vehicle Registry. We waited together in a long line to register the vehicle and eventually Fred needed to get back to his patients. He handed me a signed cheque and registration papers and marched off. When I got to the head of the queue I realised he hadn't signed the registration papers!

What should I do? I couldn't go back to the clinic with an unregistered vehicle. I would just have to sign my name on the registration papers. Finally, after several hours, I returned to Prince of Wales hospital with the vehicle, handed the registration papers and key to Fred, and thought nothing more about my little adventure.

I had moved to New Zealand to an eye registrar position in Christchurch, and my mother was collecting my mail at my previous address in Australia. A notice arrived summoning me to appear in the district court because the said land rover had been illegally parked in Redfern. My mother rang Fred at the Prince of Wales Hospital to notify him of the problem. About a month later, a second notice arrived in the mail to appear in court because the vehicle was again illegally parked in Redfern. Again my mother rang the hospital and brought the problem to Fred's notice.

About another month later a third notice to appear in court arrived in the mail. This time my mother's "ire" was up. She rang Prince of Wales Hospital one more time and had stern words with Fred.

I'm not sure what she said but no further notices came in the mail! From then on, whenever I met Fred at a conference, he remembered me and would always ask with a sly smile, "And how's your mum?"



Photo: Jason Oxenham | Auckland City Harbour News

Long-time supporter shares Fred's vision

Miss Thelma Heath Clough, MBE, worked for 40 years in education, touching the lives of many. Miss Clough passed away in July but her work to instil independence in others continues today with an extremely generous bequest to The Fred Hollows Foundation NZ.

After taking care of her friends and family, Miss Clough left a considerable share of the residue from the sale of her Grey Lynn property to carry on the work Fred began 20 years ago.

The property was built by Miss Clough's grandfather who helped build the avenue itself. She lived in the property her whole life and was well loved by the Grey Lynn community. Grey Lynn Primary School's original bell was rung as her funeral procession went past.

A great fan of Fred, she had a copy of his biography which she loaned out to friends, although a record was kept as to who had it and when it would be returned! One of her dear friends

told us she chose The Foundation "because you deal with people's health, with people who couldn't learn and [she] wanted to give them independence".

Andrew Bell, Executive Director of The Foundation, said "We are so grateful for the generosity Miss Clough has shown us. We are excited about the work we will do in her name."

If you would like information about leaving a legacy, call or email Anastasia Papadakis on 0800 227 299 or apapadakis@hollows.org.nz



One man's journey back to sight

The Fred Hollows Foundation NZ recently released an online video that allows Kiwis to experience what it's like to be cataract blind; seeingagain.org.nz tells the story of one man's emotional journey back to sight in Samoa.

Tauasa Malo, who lives on the island of Savai'i, received sight-restoring cataract surgery in April this year from a Fred Hollows Foundation surgical outreach team. A father of 11, he had been almost completely blind for three years. "There was no money to pay for surgery and I am thankful to God that the team came to restore my sight," he told The Foundation.

Tauasa's was one of 208 surgeries performed in one week at two locations in Samoa.

Seeingagain.org.nz was made possible by the generous support of Affinity ID, Flying Fish and Liquid Studios.



The price of sight

How do you figure out what it will take to eliminate avoidable blindness? The Fred Hollows Foundation in Australia, along with five other leading eye care organisations, has attempted to estimate the global cost of eliminating avoidable blindness in partnership with Pricewaterhouse Coopers and Three Rivers Consulting.

The report, *The price of sight: The global cost of eliminating avoidable blindness*, details the investment required to build ongoing primary and secondary health care systems and to work through the 'backlog' of avoidable blindness.

Following the initial report, a framework was developed to quantify the economic, health and social benefits that would come from eliminating avoidable blindness.

Both reports are available from The Fred Hollows Foundation Australia website www.hollows.org.au/our-work/the-price-of-sight

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Photo: Lisa Oranall

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Thank you

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Signature _____ Expiry date _____ / _____

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Email _____ Date of birth _____

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